



# Diane M. Simard

## Stories. So many stories.

Diane M. Simard is a survivor. Of angel investments made in companies run by ineffective leaders. Of a father whose undiagnosed PTSD landed him in a psych ward when she was 5.

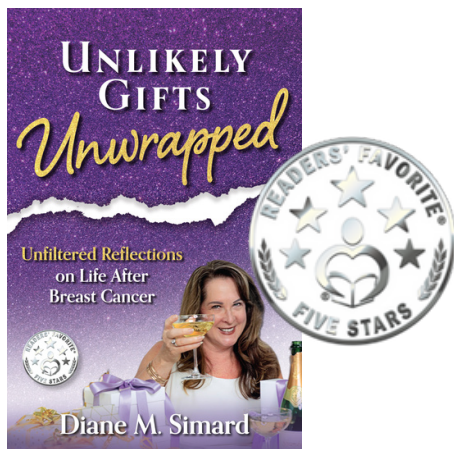
But during a debilitating bout of vertigo during her year-long treatment for Stage IIIc breast cancer in 2015, she discovered her calling: Bring attention and resources to the life-long psychological trauma created by cancer.

Diane’s experience as a business executive, business writer, and connector led her to seed-fund and launch the Center for Oncology Psychology Excellence (COPE) at the University of Denver. Now, she writes and speaks about her life after active cancer treatment ended and has been a guest on dozens of podcasts, with topics ranging from wellness to business to inspirational life stories.

She has also written three award-winning books. Her first, *The Unlikely Gift of Breast Cancer*, was named one of the best breast cancer books of all time, and her third book, *Unlikely Gifts Unwrapped: Unfiltered Reflections on Life after Breast Cancer*, will be released in spring 2025.

**Life After Cancer Commentator**  
Award-winning Author | Strategist

**Releases March 18**



### Podcast Topics

- Top strategies for reducing cancer distress
- Behavioral health challenges unique to cancer
- How traumatic experiences can be channeled into healing
- The impact of prior traumatic experiences on a cancer diagnosis

### Sample Questions

- Why is cancer so traumatizing?
- What can be done to address the anxiety and stress cancer causes?
- How does cancer distress compare to other diseases or health conditions?
- Do caregivers experience cancer trauma?
- Why has so little attention been paid to the impact of mental health on physical health?

### Speaker Reel



### Contact

[diane@dianemsimard.com](mailto:diane@dianemsimard.com)  
[www.dianemsimard.com](http://www.dianemsimard.com)  
 303.817.7676  
[in/diane-moravec-simard/](https://www.linkedin.com/in/diane-moravec-simard/)

